

Student Name _____

*******MEDICAL HISTORY (TO BE FILLED OUT BY PARENT OR GUARDIAN)*******

EXPLAIN ANY "YES" ANSWERS BELOW. Circle questions you don't know the answer to.

1. Have you had a medical illness or injury since your last check up or sports physical? YES NO
Do you have an ongoing or chronic illness? YES NO
 2. Have you ever been hospitalized overnight? YES NO
Have you ever had surgery? YES NO
 3. Are you currently taking any prescription or nonprescription (over-the-counter) medications or pills or using an inhaler? YES NO
Have you ever taken any supplements or vitamins to help you gain or lose weight or improve your performance? YES NO
 4. Do you have any allergies (for example, to pollen, medicine, food or stinging insects)? YES NO
Have you ever had a rash or hives develop during or after exercise? YES NO
 5. Have you ever passed out during or after exercise? YES NO
Have you ever been dizzy during or after exercise? YES NO
Have you ever had chest pain during or after exercise? YES NO
Do you get tired more quickly than your friends do during exercise? YES NO
Have you ever had racing of your heart or skipped heartbeats? YES NO
Have you had high blood pressure or high cholesterol? YES NO
Have you ever been told you have a heart murmur? YES NO
Has any family member or relative died of a heart problem or of sudden death before age 50? YES NO
Have you had a severe viral infection (for example, myocarditis or mononucleosis) within the last month? YES NO
Has a physician ever denied or restricted your participation in sports for any heart problems? YES NO
 6. Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus or blisters)? YES NO
 7. Have you ever had a head injury or concussion? YES NO
Have you ever been knocked out, become unconscious, or lost your memory? YES NO
Have you ever had a seizure? YES NO
Do you have frequent or severe headaches? YES NO
Have you ever had numbness or tingling in your arms, hands, legs, or feet? YES NO
Have you ever had a stinger, burner, or pinched nerve? YES NO
 8. Have you ever become ill from exercising in the heat? YES NO
 9. Do you cough, wheeze, or have trouble breathing during or after activity? YES NO
Do you have asthma? YES NO
Do you have seasonal allergies that require medical treatment? YES NO
 10. Do you use any special protective or corrective equipment or devices that aren't usually used for your sport or position (for example, knee brace, special neck roll, foot orthotics retainer on your teeth, hearing aid)? YES NO
 11. Have you had any problems with your eyes or vision? YES NO
Do you wear glasses, contacts, or protective eyewear? YES NO
 12. Have you ever had a sprain, strain, or swelling after injury? YES NO
Have you broken or fractured any bones or dislocated any joints? YES NO
Have you had any other problems with pain or swelling in muscles, tendons, bones or joints? YES NO
- If yes, check appropriate box and explain below.*
- | | | | |
|-----------------------------------|---------------------------------|--------------------------------|------------------------------------|
| <input type="checkbox"/> Head | <input type="checkbox"/> Elbow | <input type="checkbox"/> Hip | <input type="checkbox"/> Neck |
| <input type="checkbox"/> Forearm | <input type="checkbox"/> Thigh | <input type="checkbox"/> Back | <input type="checkbox"/> Wrist |
| <input type="checkbox"/> Knee | <input type="checkbox"/> Chest | <input type="checkbox"/> Hand | <input type="checkbox"/> Shin/Calf |
| <input type="checkbox"/> Shoulder | <input type="checkbox"/> Finger | <input type="checkbox"/> Ankle | <input type="checkbox"/> Upper arm |
| <input type="checkbox"/> Foot | | | |
13. Do you want to weigh more or less than you do now? YES NO
Do you lose weight regularly to meet weight requirements for you sport? YES NO
 14. Do you feel stressed out? YES NO
 15. Record the dates of your most recent immunizations (Shots) for:
Tetanus _____ Measles _____
Hepatitis B _____ Chickenpox _____

FEMALES ONLY

16. When was your first menstrual period? _____
When was your most recent menstrual period? _____
How much time do you usually have from the start of one period to the start of another? _____
How many periods have you had in the last year? _____
What was the longest time between periods in the last year? _____

Explain "YES" answers here: _____

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.

Signature of Athlete _____ Signature of parent/guardian _____ Date _____

Student Name _____

Date of Birth _____

Personal Physician _____

Height _____ Weight _____ % Body Fat (optional) _____ Pulse _____ BP _____/_____/_____ (_____/_____, ____/____)

Vision R 20/____ L 20/____ Corrected Y N Pupils: Equal _____ Unequal _____

	Normal	Abnormal Findings	Initials*
MEDICAL			
Appearance			
Eyes/Ears/Nose/Throat			
Lymph Nodes			
Heart			
Pulses			
Lungs			
Abdomen			
Genitalia (males only)			
Skin			
MUSCULOSKELETAL			
Neck			
Back			
Shoulder/arm			
Elbow/forearm			
Wrist/hand			
Hip/thigh			
Knee			
Leg/ankle			
Foot			

*Station-based examination only

CLEARANCE

CLEARED

Cleared after completing evaluation/rehabilitation for: _____

NOT CLEARED for: _____ Reason: _____

Name of Physician (print/type) _____ Date _____

Address _____ Phone _____

Signature of Physician _____, MD or DO

LPN's/Physician Assistants/Doctors of Chiropractic are NOT ACCEPTED

Notice of General Physical

I understand that a physician must medically screen each student who participates in the athletic programs of the Cherokee County School District. I further understand that a basic medical screening (the required physical exam) is general in nature and limited in its scope and does not indicate or assure me that my child is completely free from impairments. If I wish for a more detailed physical exam to be performed upon my child/ward then it is my responsibility to arrange and pay for such an exam. If this exam is performed then it is my responsibility to notify the Cherokee County School District, and its appropriate employees, of any potential medical problems uncovered by any physical exam given to my child/ward other than the general physical required by the school system for athletic participation. If for any reason I do not have any further physical examinations performed upon my child/ward, or refuse to report the results of any further physical exams performed upon my child/ward to the Cherokee County School District, and its appropriate employees, I waive any and all claims of whatever nature, fully and finally, now and forever, for my child/ward, for myself, my estate, my heirs, my administrators, my executors, my assignees, my successors, and for all members of my family, and to release, exonerate, discharge and hold harmless the above named school district, school, their trustees, officers, agents, coaches, athletic trainers, physicians, and other practitioners of the healing arts from any and all liability, claims, causes of action or demand arising out of any injuries to my child/ward or to his or her property or losses of any kind which may result from or in connection with his or her participation in any activity related to the athletic programs provided by the Cherokee County School District, and which could not have been reasonably detected by the general medical screening required by the Cherokee County School District.

My signature below attests that I have read, understand and concur with the information on this form, and that I give consent for my child to participate in the athletic programs as stated above.

Signature of Parent/Guardian

Date